



JH RANCH
CALIFORNIA

GET READY!

A Preparation Packet for Your JH Ranch Adventure!



Includes information specifically for

Trac II Bike

Need to Contact Us?

☎: 800.242.1224 | ✉: info@jhranch.com | 💻: jhranch.com

🏠 HOME OFFICE: 402 OFFICE PARK DRIVE, SUITE 310 • BIRMINGHAM, AL • 35223

🏠 SUMMER OFFICE: 8525 HOMESTEAD LANE • ETNA, CA • 96027



WHAT TO EXPECT:

At JH Ranch, when we say “adventure,” we mean it! Your child’s days have already been scheduled with high adventure, fun games, great meals, personal challenges and some time to relax.

Our goal is for your child’s experience to be hassle-free! The checklists provided here are your “go-to” resources as you prepare to send your child to join us at JH Ranch. **The checklists are specific to the program your child has registered to attend** and will ensure that everything is in order for his/her arrival.

Be sure to check your email frequently! We send very important information about their trip prior to arrival and during their program. Unsure if your email is up to date? Contact us at 800.242.1224 or bknicholas@jhranch.com.

Whether you registered by phone, at a Host Family event, or through our website, there are important forms that must be completed before participating in all the activities at JH Ranch and other off-site adventures. **Please visit your Account Dashboard and click “View Current Registrations” to access all forms and waivers.***

* Trac II Bikes requires waivers from JH partners. Emails with links will be sent as reminders. These forms are absolutely necessary for your participation in these activities.



QUICK CHECKLIST

THIS CHECKLIST IS SPECIFIC TO YOUR PROGRAM

- MEDICAL:** Complete medical form for your student (Includes special diet needs, allergies, etc.)
- WAIVERS:** Complete Conditions of Application, Responsibility Waiver, Acknowledge Statement of Faith, and Complete Terms and Conditions (Shackleford Falls Waiver), Paintball Waiver
- RENTALS:** JH Rental requests: Sleeping Bag (Optional, see page 2 for details)
- TRAVEL:** Travel plans completed and all flight information provided to JH Ranch. This can be provided online through your Account Dashboard or email directly to shari@jhranch.com

TRAC II BIKES

Packing List

DON'T MISS THIS!

- It is **VERY IMPORTANT** that you follow this list as the items are **CRITICAL** for your off-property activities.
- Your everyday summer clothes will be fine for on-property activities.
- Please label all belongings. (Items are easily misplaced)
- There are no laundry facilities available at the Ranch for guests.

CLOTHING:

- 6-8 pairs of shorts
- 1-2 padded bike shorts (2 pairs are ideal)
- 10-12 t-shirts (include some long-sleeves)
- 1-2 breathable jersey/synthetic shirt for biking (2 shirts are ideal)
- 4 pairs of jeans/long pants
- 1 sweatshirt
- 1 bathing suit (modest, lined one-piece for ladies, not low-cut)
- 1 pair long hiking pants

SHOES:

- 1 pair of tennis shoes

BEDDING & PERSONAL:

- 3 towels (2 bath and 1 beach)
- 1 pillow with pillow case
- 1 sleeping bag (Must be rated 10 - 20° F, synthetic or down filled)**
- Toiletries
- 2 pens or pencils
- 1 small Bible

GEAR:

- 2 1-qt. sturdy water bottles
- 1 small plastic set of plate, bowl, and utensils for our hiking and rafting adventures
- 1 ground pad to sleep on
- 1 plastic ground tarp (used under ground mat)
- 1 headlamp or flashlight
- Insect repellent
- Sunscreen
- 2 large plastic garbage bags
- 1 day pack/book bag

**Rental Option

This item is available for rent from the Ranch. Sleeping bag rental is \$40; Quantities are limited so please call our office at 800.242.1224 to reserve by June 1, 2018!

LUGGAGE INFO:

Luggage is limited at JH Ranch to three (3) pieces per guest:

1. One (1) duffel bag- **NO ROLLING SUITCASES.**
2. One (1) carry-on bag for personal items.
3. One (1) Backpack (internal frame only). If you're renting your backpack from us, you may pack in a similar size bag instead.

These items are ABSOLUTELY ESSENTIAL

So be sure you don't leave these out so that you don't get left behind!

- 1 pair of long underwear* (not cotton; bring wool, dri-FIT or similar)
- Socks* (at least 1 pair must be wool)
- 2-3 pairs of biking/running socks* (not cotton)
- 1 fleece or down jacket*
- 1 thin water repellent rain jacket
- A warm hat (beanie, toboggan, etc.)
- Paintball attire

*We like wool and/or synthetics for the warmth and for keeping dry.

OPTIONAL:

- Sunglasses (For biking)
- Extra power bars (Optional)
- Biking gloves (Optional)
- Camelback (Optional)
- Rodeo attire
- Casual banquet attire
- Camera (No GoPro®'s)
- Phone card (also available for purchase at our Trading Post)

STUDENT LEADERSHIP

Travel Information

You are responsible for your student's travel to and from the Sacramento airport (SMF). JH Ranch will provide transportation between the Sacramento airport and the Ranch. We recommend flying Southwest or Delta.

Be sure to check your individual airline's policies on restrictions and fees, especially regarding unaccompanied minors. Each airline has a slightly different policy.

Also, please ensure that your student's departing flight's baggage fees have been paid in advance, or that your student has enough money to pay for those departure fees.

EXAMPLE DATES:

If your program is scheduled from June 17 to June 29, you will fly-in on June 17 and fly-out on June 29.

ARRIVAL:

Please arrive no later than 2:00 PM PT on the start date of your program. Upon arrival, our staff (who will be wearing red JH Ranch t-shirts) will greet your students in the baggage claim and help them collect their luggage.

Once your student is checked in, we will send an email to the parents' email addresses on file to confirm your student's safe arrival.

When all students have arrived, we will travel by bus to JH Ranch. Please be sure to observe our luggage guidelines as our luggage vehicles have limited capacity.

DEPARTURE:

Your student's departing flight should leave the Sacramento airport no earlier than 9:30 AM on the last listed date of their program.

We will see all students safely through security, at which point they will become the responsibility of the airline.



LET US KNOW!

It is critical that you inform us of your student's travel itinerary as soon as you confirm their flight. Once the flights are booked, there are three ways to provide your information to us:

1. Via your account at www.jhranch.com
2. Via email the flight schedule to shari@jhranch.com
3. By phone at 800.242.1224

IMPORTANT THINGS TO KNOW



VALUABLES:

We advise leaving expensive jewelry, electronic devices, sunglasses, etc. at home. JH Ranch will not be responsible for any lost or stolen valuables.

CELL PHONES:

Please know that we collect and store all cellular devices when your student arrives on the property. Doing so ensures that they will not be lost, broken, or stolen while your student is with us, and provides a rare opportunity to disconnect from all of the buzzes, beeps, and rings. These will be returned on the final afternoon so that your student will have time to charge their devices for the trip home.

CALLING HOME:

We do have a pay phone that you can use to call home during the program (excluding the first three days) if needed. Consider bringing a phone card with you (it does not accept coins).

TRADING POST:

We have a "Trading Post" with clothing, books, CDs, and more, so you may want to leave a little extra space in your bag. We also have a delicious Snack Bar. More information regarding Spending Money is below to help plan how much money you need to bring.

STAYING WARM:

Every year, our bookstore sells a lot of sweatshirts to guests who don't bring warm enough clothing. Even though it is hot and dry during the day, it can get very cold in the evenings, so bring warm enough layers!

LOST AND FOUND:

If you have lost something, please contact us as soon as possible as items that remain unclaimed by September 1st will be donated to Goodwill.

BIRTHDAY POLICY:

If your loved one is celebrating a birthday during their time with us, please let us know! We would love to include them in our birthday celebration at the end of the week.

FORMS:

If you haven't already, take advantage of this reminder by going to your account online at www.jhranch.com to finish filling out all necessary forms.

SPENDING MONEY:

During your student's program with us, he or she may need additional spending money for the following opportunities:

- JH Snack Bar
- JH Trading Post
- Off-property Excursions
- Traveling to and from the Ranch

We recommend about \$100 in spending money for their time at the Ranch.

To minimize the handling of cash, you can contact us prior to your child's arrival to set up a spending account linked to their name tag. Students are allowed to receive up to \$40 cash advance from their bookstore tab for travel back home at the end of their program (a service fee may apply).

PACKAGES AND MAIL:

We would love for you to write your student during the program! Letters and postcards can be sent to our Etna, CA address listed on the Contact section of this packet. Unfortunately, our local post office is not equipped to handle packages, so we kindly request that you please **DO NOT SEND PACKAGES** to your student, as we will not be able to deliver them.

PROHIBITED ITEMS:

Please be aware that chewing tobacco, cigarettes, alcohol, marijuana and illicit drugs are strictly prohibited at the Ranch. Violation of this policy and any inappropriate behavior disruptive to the program will result in a guest being asked to leave without a refund.

EMERGENCIES:

In the event of an emergency regarding your student, either physical or otherwise, you will be notified.

PRESCRIPTION DRUGS:

If your student will be bringing prescription drugs, let us know in advance. We will store those prescriptions in the Nurses' station and administer them as needed